



**JOHN PAUL II Healing Center**  
*Transformation in the Heart of the Church*

## **Lenten Healing Online FAQ**

### **What will I receive when I register?**

You will receive a confirmation email upon registration. You will receive emails every Monday and Friday starting on March 4, the Monday before Ash Wednesday, and ending on Good Friday. There will be a total of seven talks, which will be sent out on Mondays. On Fridays, you will receive a guided reflection video (which will be the same video every Friday, but you will be praying about the roots of a different sin each week).

### **Are the videos going to be live?**

No, the sessions are pre-recorded.

### **How long will the sessions be?**

The sessions will be around 30 minutes each.

### **If the videos are on YouTube, why do I need to pay to watch them?**

When you register for the retreat you will gain exclusive access to “unlisted” videos on YouTube, which means only those who have registered will have the link to view them.

### **Do I need the Lenten Healing book?**

You will need the book to follow along with the online program and do the daily reflections throughout Lent. You can buy it in our store here (each copy is signed!):

<https://jpiihealingcenter.org/product/lenten-healing-book/>

### **What if I don't receive the emails or have trouble viewing the videos?**

Please check your spam folder if you do not receive the emails. Contact Kelley Mullins at [kmullins@jpiihealingcenter.org](mailto:kmullins@jpiihealingcenter.org) for help with the emails or videos.