

Healing the Whole Person Retreat

Sample Participant Schedule*

Monday

11:30 AM Check-in/Registration/Lunch
12:30 AM Introductions/Opening Prayer
1:45 PM Talk 1: Healing the Whole Person

Break

3:45 PM Talk 2: Wholeness in Christ

Daily Mass

6:30 PM Dinner & Free Time On Own

Tuesday

8:00 AM Daily Mass 8:30 AM Breakfast

9:30 AM Talk 3: Facing our Brokenness

Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession

2:15 PM Talk 4: Prayer for Healing

4:00 PM Q & A/Adoration/Free Time/Journaling/Prayer Ministry/Confession

5:15 PM Pizza & Movie Night

Wednesday

8:00 AM Daily Mass 8:30 AM Breakfast

9:30 AM Talk 5: Redemptive Suffering

Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession

Gathering Music and Prayer

2:15 PM Talk 6: Healing Grace & Sacraments

4:00 PM Q & A/Adoration/Free Time/Journaling/Prayer Ministry/Confession

5:00 PM Dinner & Free Time On Own

Thursday

8:00 AM Daily Mass 8:30 AM Breakfast

9:30 AM Talk 7: Spiritual Gifts and Healing

Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession

2:00 PM Healing Prayer w/Worship

5:30 PM Group Dinner

Friday

8:00 AM Daily Mass 8:30 AM Breakfast

9:30 AM Talk 8: Living in Freedom

Sharing of Graces

1:00 PM End of Retreat