

# **Healing the Whole Person – Virtual Retreat**

Sample Participant Schedule\*

### Monday

9:00 AM - 10:30 AM**	Talk 1: Healing the Whole Person
10:30 AM - 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	Talk 2: Wholeness in Christ
2:00 PM - 3:00 PM	Journaling/Confession/Adoration
3:00 PM - 4:00 PM	Live Q & A/Guided Prayer

#### **Tuesday**

9:00 AM – 10:30 AM	Talk 3: Facing Our Brokenness
10:30 AM – 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	Talk 4: Prayer for Healing
2:00 PM - 3:00 PM	Journaling/Confession/Adoration
3:00 PM - 4:00 PM	Live Q & A/Guided Prayer

### Wednesday

9:00 AM – 10:30 AM	Talk 5: Redemptive Suffering
10:30 AM - 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	Talk 6: Healing Grace & Sacraments
2:00 PM - 3:00 PM	Journaling/Confession/Adoration
3:00 PM - 4:00 PM	Live Q & A/Guided Prayer
7:00 PM - 8:00 PM	Live Priest-Led Night of Healing Prayer

### Thursday

9:00 AM – 10:30 AM	Talk 7: Spiritual Gifts & Healing
10:30 AM – 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	Talk 8: Living in Freedom
2:00 PM - 3:00 PM	Journaling/Confession/Adoration
3:00 PM - 4:00 PM	Live Q & A/Guided Prayer

## **Friday**

1:30 PM - 2:30 PM Live Sharing of Graces

\*Schedule represents a sample, is tentative and subject to final confirmations \*\* All times listed are Eastern Time (ET)