



JOHN PAUL II Healing Center

Transformation in the Heart of the Church

Restoring the Glory Retreat

*Sample Participant Schedule**

Sunday

4:00 PM Check In
Dinner & Orientation

Monday

8:00 AM Daily Mass
Breakfast
9:00 AM **Talk 1: God's Glory & Our Story**
Lunch
2:00 PM **Talk 2: Family: God's Design for Sexuality**
5:00 PM Dinner
Free Time On Own

Tuesday

8:00 AM Daily Mass
Breakfast
9:30 AM **Talk 3: Identity: Male & Female in God's Image**
Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession
2:00 PM **Talk 4: Development: Security, Maturity & Purity**
Adoration/Free Time/Journaling/Prayer Ministry/Confession
5:00 PM Dinner
Group Activity (optional)

Wednesday

8:00 AM Daily Mass
Breakfast
9:30 AM **Talk 5: Wounds: Disruption in Development**
Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession
Talk 6: Compulsions: Disordered Desires
Adoration/Free Time/Journaling/Prayer Ministry/Confession
5:00 PM Dinner
Group Activity (optional)

Thursday

8:00 AM Daily Mass
Breakfast
9:30 AM **Talk 7: Healing: Restoring Wholeness**
Lunch/Adoration/Free Time/Journaling/Prayer Ministry/Confession
Healing Prayer w/Worship
5:00 PM Group Dinner
Group Activity (optional)

Friday

8:00 AM Daily Mass
Breakfast
9:30 AM **Talk 8: Integration**
Sharing of Graces
1:00 PM End of Retreat

**Schedule represents a sample, is tentative and subject to change*