



# JOHN PAUL II Healing Center

*Transformation in the Heart of the Church*

## Healing the Whole Person – Virtual Retreat

**Sample Participant Schedule\*** (All times listed are Eastern Time)

*Times are suggestions for your self-paced retreat, unless marked as “Live”*

**Prayer Ministry:** You will have the option to schedule one (1) 45-minute session within the timeframes below

### Monday

9:00 AM – 10:30 AM**	<b>Talk 1: Healing the Whole Person</b>
10:30 AM – 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	<b>Talk 2: Wholeness in Christ</b>
2:00 PM – 3:00 PM	Journaling/Confession/Adoration
3:00 PM – 4:00 PM	<b>Live:</b> Q & A   Prayer Experience

### Tuesday

9:00 AM – 10:30 AM	<b>Talk 3: Facing Our Brokenness</b>
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	<b>Talk 4: Prayer for Healing</b>
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	<b>Live:</b> Q & A   Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>

### Wednesday

9:00 AM – 10:30 AM	<b>Talk 5: Redemptive Suffering</b>
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	<b>Talk 6: Healing Grace &amp; Sacraments</b>
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	<b>Live:</b> Q&A   Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>
7:00 PM – 8:00 PM	<b>Live:</b> Priest-led Night of Healing Prayer   Q&A

### Thursday

9:00 AM – 10:30 AM	<b>Talk 7: Spiritual Gifts &amp; Healing</b>
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	<b>Talk 8: Living in Freedom</b>
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	<b>Live:</b> Q&A   Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>

### Friday

1:30 PM - 2:30 PM	<b>Live:</b> Sharing of Graces
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*\*Schedule represents a sample, is tentative, and is subject to final confirmations*

*\*\* Each talk is 1 hour in length; we have allotted 1.5 hours to account for pausing & note-taking*