



JOHN PAUL II Healing Center

Transformation in the Heart of the Church

Healing the Whole Person – Virtual Retreat

Sample Participant Schedule* (All times listed are Eastern Time)

Times are suggestions for your self-paced retreat, unless marked as “Live”

Prayer Ministry: You will have the option to schedule one (1) 45-minute session within the timeframes below

Monday

9:00 AM – 10:30 AM**	Talk 1: Healing the Whole Person
10:30 AM – 12:30 PM	Journaling/Confession/Adoration
12:30 PM – 2:00 PM	Talk 2: Wholeness in Christ
2:00 PM – 3:00 PM	Journaling/Confession/Adoration
3:00 PM – 4:00 PM	Live: Q & A Prayer Experience

Tuesday

9:00 AM – 10:30 AM	Talk 3: Facing Our Brokenness
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	Talk 4: Prayer for Healing
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	Live: Q & A Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>

Wednesday

9:00 AM – 10:30 AM	Talk 5: Redemptive Suffering
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	Talk 6: Healing Grace & Sacraments
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	Live: Q&A Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>
7:00 PM – 8:00 PM	Live: Priest-led Night of Healing Prayer Q&A

Thursday

9:00 AM – 10:30 AM	Talk 7: Spiritual Gifts & Healing
10:30 AM – 12:30 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
12:30 PM – 2:00 PM	Talk 8: Living in Freedom
2:00 PM – 3:00 PM	Journaling/Confession/Adoration/ <u>Prayer Ministry</u>
3:00 PM – 4:00 PM	Live: Q&A Prayer Experience
6:00 PM – 7:00 PM	<u>Prayer Ministry</u>

Friday

1:30 PM - 2:30 PM	Live: Sharing of Graces
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**Schedule represents a sample, is tentative, and is subject to final confirmations*

*** Each talk is 1 hour in length; we have allotted 1.5 hours to account for pausing & note-taking*